



LOCAL INTERGENERATIONAL WORKSHOPS



Erasmus+

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Description

Participants names and target:

People from the community, combination of young people kids and seniors

Actions carried out (summary of the workshop)

We held an esparto grass workshop given by older people from the community to show part of the tradition and culture to younger people, as nowadays this type of activity is no longer practised so much. The participants could learn how to make baskets, ornaments and various decorations thanks to these older people who showed them how to do it. Thanks to the intergenerational exchange of knowledge, the young people were able to discover part of the culture of our community.

Compilation of evaluations and summary

Thanks to the evaluations carried out, we were able to see that the young people were very interested in the esparto grass workshop and how they worked together with the older people with enthusiasm and a great desire to learn.

Dissemination carried out

We publicised the activity through publications on our social networks, word of mouth at our local activities and by answering people's messages about the workshop.

WORKSHOP

ESPARTO GRASS
WORKSHOP, LA HOYA

EVENT THEME/TITLE

Esparto Grass Workshop

Nº OF PARTICIPANTS

20

ORGANIZER

ACD LA HOYA
SPAIN

RELEVANCE AND FOLLOW UP ACTIONS

With this activity we could see how the different generations of our community worked together exchanging their knowledge and interests during the whole activity. The young generation created different ornaments and decorations which they were able to take home with them after the workshop. The young people were very happy at the end of the workshop and being able to have the opportunity to participate in this workshop.

EVENT AGENDA

10:00 START OF THE WORKSHOP
11:00 INTRODUCTION OF THE PROJECT TOPIC
12:00 BASKETS
13:00 ORNAMENTS
13:30 EVALUATION



WORKSHOP

ESPARTO GRASS
WORKSHOP, LA HOYA

EVENT THEME/TITLE

Development of
technological
skills/Technology in
adult life

Nº OF PARTICIPANTS

20

ORGANIZER

ACD LA HOYA
SPAIN

Description

Participants names and target:

From kindergarten kids to retired people (3 generations) according to attached list of participants

Actions carried out (summary of the workshop)

As preparation for Easter we held a workshop of painting eggs. On 10th April 24 people of all ages participated in the workshop held in the club of retired people. The seniors showed the children and their parents the different techniques of painting eggs. Then they could try it by themselves. The smaller one had copies from colouring books so they could paint the eggs and colour rabbits, chickens on paper. There is a lady in our village who can do the more difficult technique using a special tool called "íróka". She showed the older children how to do it, how to use this tool and the braver ones could try this as well.

WORKSHOP

Painting traditional
Easter eggs, Bruty

EVENT THEME/TITLE

Handicraft workshop -
painting traditional
Easter eggs

Nº OF PARTICIPANTS

24

ORGANIZER

Pimpimpáré - užitočné
využitie voľného času
pre deti
SLOVAKIA

Dissemination carried out

- posts about the workshop together with photos on our FB page (<https://www.facebook.com/pimpimparejatszohaz>) and webpage (<https://pimpimpare.sk/tojasfestes-gyerekeknek-a-nyugdijas-klubban/>)



WORKSHOP

Painting traditional
Easter eggs, Bruty

EVENT THEME/TITLE

Handicraft workshop -
painting traditional
Easter eggs

Nº OF PARTICIPANTS

24

ORGANIZER

Pimpimpáré - užitočné
využitie voľného času
pre deti
SLOVAKIA

RELEVANCE AND FOLLOW UP ACTIONS

As preparation for Easter we held a workshop of painting eggs. This is a long lasting tradition in our country but it is getting to be forgotten. The Easter traditions are disappearing not only in the cities but also in the villages. That is why we wanted to connect seniors with children as they can share their knowledge, their skills with youngsters. It was a successful idea which was followed by another common traditional workshop at the end of April.

EVENT AGENDA

16:00-16:45	Introducing the different egg painting techniques
16.45-17.45	Trying the painting one by one or colouring the eggs on papers for the smaller ones
17.45-18.00	Break, tasting the cakes baked by the ladies of the club of retired people
18.00-18.45	Making decorations of the painted eggs (paper rabbits of toilet paper rolls)
18.45-19.00	Tidy up and clean the tables
19.00-19.30	Getting to know the Easter traditions (Why do we paint eggs? What for?)
19.30-20.00	Presentation of the more difficult technique with the help of "íróka" by a local lady who is the master of it + trying it

WORKSHOP

Painting traditional
Easter eggs, Bruty

EVENT THEME/TITLE

Handicraft workshop -
painting traditional
Easter eggs

Nº OF PARTICIPANTS

24

ORGANIZER

Pimpimpáré - užitočné
využitie voľného času
pre deti
SLOVAKIA

Description

Participants names and target:

A mixed intergenerational people aged 18 up to 60

Actions carried out (summary of the workshop)

In this world increasingly invaded by digital tools, cooperation between young people and adults has become fundamental as young people were born in an era that is already quite digital and have been able to acquire skills in this regard that are now very important to share with adults. This workshop aims to make it clear that the fusion between generations is a very important point for us, because we think in the life of every individual you never stop learning and that learning does not depend on age, that young people and adults are perfectly complementary. Specifically, we left each working group the possibility of creating an event concerning the culture of our city, starting from the creation of a poster up to the event itself. For this poster the young participants will show the adults how to create designs with Canva, one of the more popular digital tools and in exchange they will take from the adults their experience and knowledge.

WORKSHOP

Promote your territory,
Trani

EVENT THEME/TITLE

Promote your territory

Nº OF PARTICIPANTS

23

ORGANIZER

Petit Pas Aps
ITALY

WORKSHOP

Promote your territory,
Trani

EVENT THEME/TITLE

Promote your territory

Nº OF PARTICIPANTS

23

ORGANIZER

Petit Pas Aps
ITALY

Compilation of evaluations and summary

From what emerged from the evaluations, the activity was much appreciated as all the participants made themselves available to exchange ideas with people of different generations. The adults were very happy to receive help in the use of digital tools and at the same time they provided knowledge to the young people about the culture and history they experienced firsthand in our city.

Dissemination carried out

For the dissemination of the event, we used our social pages and word of mouth made by our young volunteers, who thus wanted to share with their relatives the possibility of being able to carry out activities for the development of digital skills.



RELEVANCE AND FOLLOW UP ACTIONS

The Workshop was organized in order to provide participants with transversal and specific skills useful for the development of new digital skills combined with the culture in which we live.

Participants gave very positive feedback, very much appreciating the intergenerational division.

The desired impact after this workshop is that the participants become multipliers and talk with their friends and colleagues about the importance of developing digital skills combined with the promotion of culture and that projects that see a wider target are favored, precisely with the exchange of generations.

EVENT AGENDA

15:00-16:00 PRESENTATION OF THE TOPIC

16:00-16:30 DIVISION INTO GROUPS

16:30-17:45 PRACTICAL WORKSHOP

17:45-18:15 BREAK

18:15-18:45 PRESENTATION OF EVENTS

WORKSHOP

Promote your territory,
Trani

EVENT THEME/TITLE

Promote your territory

Nº OF PARTICIPANTS

23

ORGANIZER

Petit Pas Aps
ITALY

Description

Participants names and target:

Adult people with family with their children.

Actions carried out (summary of the workshop)

We held a celebration that welcomes the summer and celebration of the fertility period, The celebration of fertility is often taken quiet literally women wore a decorative midsommar krans, midsummer wreath/flower crowns Dancing like small frogs around the midsummer pole (phallus symbol

Compilation of evaluations and summary

The evaluation was a compilation of what the adults did in the past involving the elders in the community who taught the young people on the importance of the celebration and the youths also taught the elders how to incorporate the digital aspect into presenting the data via videos, and posts to help longetivity of the project.

Dissemination carried out

The dissemination was carried out on the attendance of events and recording of the videos that will be used in fute to remind us of the event. Also the social media posting was done.

WORKSHOP

TRADITIONAL SUMMER
INTERGENERATIONAL
ACTIVITIES

EVENT THEME/TITLE

Workshop of the
celebration of beginning
of summer

Nº OF PARTICIPANTS

22

ORGANIZER

Nordic European
Mobility
SWEDEN

RELEVANCE AND FOLLOW UP ACTIONS

The justification is the workshops that will be shown to future generations.

The young generation gave positive feedback on the results of the activity and appreciated the learning process.

EVENT AGENDA

16:00-16:30	ASSEMBLY AT THE COMMUNITY CENTER, FOR PREPARATION.
16:30-17:00	PREPARATION OF THE ATTIRES AND SETTING UP OF STAGE FOR THE CEREMONY.
17:00-18:00	INTRODUCTORY MEETING FROM THE PEOPLE AND SPEECHES AND EDUCATION OF THE IMPORTANCE OF THIS CEREMONY.
18:00-19:00	PRESENTATION OF THE COMMUNITY ATTIRES AND THE AND ALL PREPARED PRESENTATIONS.
19:00-19:30	CLOSING REMARKS AND EVALUATION

WORKSHOP

TRADITIONAL SUMMER
INTERGENERATIONAL
ACTIVITIES

EVENT THEME/TITLE

Workshop of the
celebration of beginning
of summer

Nº OF PARTICIPANTS

22

ORGANIZER

Nordic European
Mobility
SWEDEN



Description

Participants names and target:

group of children 8 – 10 years old from the 3rd grade of the primary school, seniors and expert practicing craft and traditions culture heritage, teacher, project coordinator from Hodina H

Actions carried out (summary of the workshop)

intergenerational traditional crafts creation (3 different experiences) and following discussion about the difference in the past and now day when people are used to do by themselves and now days consuming life style and buying the crafts

Compilation of evaluations and summary

Very positive feedback (98% from 100% of the scale evaluation), what the participants like – interesting different craft, nice talk between different generations, nice feeling and attention to each other, what to improve – continuation and sharing with seniors, continuation with the cultural heritage and crafts as practical activities, the mostly used key words to describe the experience from the workshop was “interesting”

Dissemination carried out

Poster about the workshop, social media of the partner organisation, presentation and exhibition at the school and in partner organisation

WORKSHOP

Intergenerational tradition sharing, Želiv

EVENT THEME/TITLE

Tradition as an important part of cultural heritage/Intergenerational tradition sharing

Nº OF PARTICIPANTS

29

ORGANIZER

Hodina H together with Seniorclub of Hodina H and ZŠ Želiv CZECH REPUBLIC

RELEVANCE AND FOLLOW UP ACTIONS

Intergenerational cooperation and dialogue is very valuable for passing cultural heritage, mutual understanding among generation and also broader understanding of the history, importance and value of the cultural heritage, its link to the practical life. Intergenerational element in the education makes the understanding of the culture, heritage, history, passing tradition and their appreciation of identity through the skills and multi-approach connections. It proved the interest and motivation among the generations to meet, share, learn and spend the time together and also strengthen dialogue of the formal education with the practical life skills and non-formal education based on the cross-sectorial cooperation.

EVENT AGENDA

08:00-08:20	WELCOME, INTRODUCTION AND BRAINSTORMING ABOUT CULTURAL HERITAGE AND TRADITIONS
08:20-08:45	INTERGENERATIONAL DIALOGUE AND COOPERATION - HOW THE KIDS SEE IT AND WHAT DOES IT MEAN FOR THE SENIORS, SHARING ABOUT THE TRADITIONAL CRAFTS, WHY IT IS IMPORTANT
08:45-09:00 09:00-11:00	INTRODUCTION OF THE PRACTICAL WORKSHOP - TRADITIONAL CRAFT WORKSHOPS - DIVISION OF THE CHILDREN IN THE 4 GROUPS, 4 STATIONS, CIRCULATION THROUGH ALL STATIONS
10:00-11:30	DISCUSSION
11:30-12:00	EVALUATION AND PLAN OF THE POSSIBLE FOLLOW-UP

WORKSHOP

Intergenerational
tradition sharing, Želiv

EVENT THEME/TITLE

Tradition as an
important part of
cultural
heritage/Intergenerational
tradition sharing

Nº OF PARTICIPANTS

29

ORGANIZER

Hodina H together with
Seniorclub of Hodina H
and ZŠ Želiv
CZECH REPUBLIC

INTERGENERATIONAL WORKSHOPS



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PURPOSE: The main idea was to share the knowledge from the older generations with the young ones through a workshop based in traditions.

TIME NEEDED: 3,5 hours

TARGET GROUP:

Young people as participants and older people as mentors

OBJECTIVES:

The objectives were to gain knowledge for the young generations thanks to the experience of the older generations and to show the young people that we have traditions that are very important, and we shouldn't lose.

MATERIALS NEEDED:

Esparto grass and scissors

FACILITATION STEPS:

1. Contacting the senior who know how to do the workshop
2. Promoting the workshop
3. Preparing the material for the mentors
4. Evaluate with the participants

METHODS:

Teamwork and learning by watching

EVALUATION:

1. Did you find this workshop interesting? From 1 to 10
2. Would you recommend this activity?
3. Do you think that we should keep this tradition?
4. Would do participate in more traditional workshops?

WORKSHOP

Esparto Grass Workshop

EVENT THEME/TITLE

Esparto Grass Workshop

PURPOSE: Share the traditional crafts and connect them with the past reality, enable the contact between the generations and reflect together the cultural heritage and its value

TIME NEEDED: 2 – 4 hours depending on the number of the participants and number of practiced crafts

TARGET GROUP:

Children (age 6 – 10) with seniors (age 60+)
Suggested number of the participants – max 20 children and 4 – 10 seniors

OBJECTIVES:

- To enable the intergenerational dialogue between children and seniors
- To introduce to the children the culture heritage and traditions
- To support the reflection of the culture heritage and traditions in our life and how it influence our life
- To pass the traditional craft to young generation and see the connection to the society development and understand the story of history of the culture, culture heritage and traditions which is sometimes hidden and forgotten

MATERIALS NEEDED: Flipchart, markers, materials for concrete crafts in the amount corresponding to the number of the participants, space which is possible to adapt, conversation cards with questions

FACILITATION STEPS:

1. opening and welcome
2. introduction of the workshop
3. getting to know each other – name games
4. intergenerational dialogue – small groups
5. 4 craft traditional crafts workshops
6. discussion
7. evaluation

WORKSHOP

Intergenerational
tradition sharing,

EVENT THEME/TITLE

Tradition as an
important part of
cultural
heritage/Intergeneration
al tradition sharing

METHODS: Name game, brainstorming, work in the small group, crafts, discussion and sharing in small group, presentation of the craft results, discussion with the conversation cards, evaluation

EVALUATION: One on one interactions with the participants

WORKSHOP

Intergenerational tradition sharing, Želiv

EVENT THEME/TITLE

Tradition as an important part of cultural heritage/Intergenerational tradition sharing

WORKSHOP

Promote your territory,

EVENT THEME/TITLE

Promote your territory

PURPOSE: Create an intergenerational collaboration, with the exchange of skills and the creation of an event aimed at promoting local culture.

TIME NEEDED: 4 hours

TARGET GROUP: People from 18 to 50 years old

OBJECTIVES: Intergenerational exchange, teamwork, problem solving and ability to relate to an audience

MATERIALS NEEDED: Computer

FACILITATION STEPS:

1. The trainer, through a video, shows some works carried out between people of different generations.
2. Presentation of activity
3. Division into intergenerational groups
4. Each group will decide after a discussion what type of event to create and how to promote it (creating a poster using Canva)
5. The adults, under the supervision of the young people, will create the poster for the chosen event.
6. Discussion within the group on how to carry out the event, where adults with their experience can give young people new knowledge.
7. Presentation of the events
8. Evaluation and feedback

METHODS: Teamwork

EVALUATION:

- Did you know Canva?
- What skills do you think you have developed?
- Have you ever worked with people younger / older than you before? What do you think of the intergenerational exchange?
- What do you think of digital skills combined with the promotion of culture?

PURPOSE: To learn the cultural importance of the fertility celebration and welcoming summer.

TIME NEEDED: 4 hours

TARGET GROUP: Community members and their generations

OBJECTIVES:

to preserve this the culture of Halloween

to teach people how summer was celebrated in the past

to make a photo documentation of the preparation, of the phases

MATERIALS NEEDED: Community center, clothing, participants

FACILITATION STEPS: Rehearsal of the event, Presentation of the prepared

METHODS: Participation by the community people, presentations

EVALUATION: One on one interactions with the participants

WORKSHOP

TRADITIONAL SUMMER
INTERGENERATIONAL
ACTIVITIES

EVENT THEME/TITLE

Workshop of the
celebration of beginning
of summer

PURPOSE: The Easter traditions are disappearing. The boys already don't water the girls, thus the girls don't paint eggs. The young adults know the different egg painting techniques but the younger generations don't have these knowledge, skills.

TIME NEEDED: 4 hours

TARGET GROUP: Children and their parents, teenagers, juniors

OBJECTIVES: To connect seniors with children as they can share their knowledge, their skills with youngsters

MATERIALS NEEDED: Eggs, crepe paper, wax, the tool called "íróka", candle, dry peel of onions, vinegar, pot, salt, water, gas stove

FACILITATION STEPS:

Presentation of the techniques

Choosing one and personal work: painting the eggs

For example: put the dry peel of onion in the pot.

Place the eggs on the peel, then pour enough water to cover the eggs. Start to boil. Don't forget to add salt and vinegar to it! Cook the eggs for 10-12 minutes from the time that the water started to boil. After removing the pot from the gas-stove, leave the eggs in the liquid until the desired colour is reached, then run cold water over them. As a last step, you can wipe the eggs with fat or oil, so you can give them a nice shine.

METHODS: Presentation, personal practical work

EVALUATION: Verbal evaluation with the participants about the feeling and learning.

WORKSHOP

Painting traditional
Easter eggs,

EVENT THEME/TITLE

Handicraft workshop -
painting traditional
Easter eggs